

Good Hope Clinics Kenya Mission 2022

April 18-April 28, 2022

Introduction

Congrats on signing up for a mission's trip with Good Hope! You are about to have one the best experiences of your life. This will truly be life changing for both you and the people you are going to serve.

There is a lot to do before we leave on this trip. This document is prepared to assist you in being fully prepared for when you leave and to help you throughout your trip. Please know reading this document is only a part of the preparation process. You will also have monthly team meetings leading up to your trip (and maybe even a few extra as the trip gets closer). Please understand that these meetings are important for making sure you are fully prepared for when we leave. In cases where you absolutely cannot make a team meeting, please be sure to communicate this to your team leader in advance. Finally, you will be receiving regular communication from your team leader. Please be sure to read these emails thoroughly as they will include important information and reminders.

This is truly going to be a life changing experience! You will be stretched in ways you never have been before, but the rewards for both you, and the people you are going to serve, will be great!

A Brief Mission Overview.

Once again thank you for choosing to join us in this Mission. Our main host in Kenya is missionary Dr Tessa Payne. Dr Tessa lives and serves in Kenya with her family. While in Kenya we will be involved in building a clinic in one of the very remote and poor communities in southern Kenya. Our main focus will be providing basic medical care to the host community. We will also serve in an orphanage and in one of the largest slums in Nairobi. The mission schedule includes a special fun rest day where will enjoy a full day of Safar in drive in Masai Mara.

(First mission Information meeting Document to be included here)

Meeting schedule and financial due dates: Please understand that we will endeavor to stick to this schedule with no changes. Therefore, you should be able to plan and schedule to be at every

meeting. It is crucial that you are at these meetings as there will be pertinent information at every meeting. If you cannot make a meeting, please notify your team leader in advance.

Support Letter email

We recommend having a custom team graphic created which you can do on your own or very inexpensively through fiverr.com. Taking the graphic, you can use Constant Contact or other e-newsletter systems to send an email that is a notch nicer than a simple plain text email. We suggest you send emails the week leading up to all of your meetings and the week after recapping what was covered for those who missed.

Everyone,

This Sunday at noon we will be having our first informational meeting regarding our mission trip to Guatemala in 2017. You are receiving this email either because you or someone else told me that you might be interested in coming with us. I truly hope you can make the meeting this Sunday as we'll be doing an overview of the trip and everything leading up to it. At the meeting, we'll be introducing you to the missionaries we are working with (they won't be here in person but we're going to let you know all about them), talking about what we are going to be doing while in Guatemala, covering finances and a bit about fundraising, and you'll get to meet some of your potential teammates! Again, I truly hope you can make it out this Sunday.

The meeting will be at 12:00 pm (noon) in Room 216 and should last for about 60 minutes or so. Any questions please feel free to email me at Charles@goodhopeinc.org, Excited,
Charles

The Mission Budget

- Travel, Housing, Food, Insurance, Day Off
- Note: All your necessary expenses (food, shelter, transportation) will be covered from this budget including day off activities. Souvenirs, extra coffee runs, etc. you must cover yourself. Team ministry supplies are covered by the church.

Financial Deadlines

- All monies must be in 5 months, no exceptions, as that is when we will be purchasing plane tickets. We will not purchase a plane ticket for you if 100% of your money is not in by this time.

Support Letter important information

- See Sample Support Letter below
- You write and send out at your expense.
- The top portion you can change.
- The bottom portion you can only change your name.
- The bottom of the reverse side cannot be changed either and must be printed on the back side of all your forms.
- Any questions ask your team leader.

Sample Support Letter

NOTE: Please use the example below to draft a letter to send to potential supporters. Delete everything in red and replace it with the correct information related to your trip then print or email your letter.

Dear Family and Friends,

PARAGRAPH 1: Let them know what you will be doing:

I have exciting news to share with you! For 10 days in the spring of 2022, I will be joining Good Hope Clinics team for a mission’s trip to Kenya. While there, I will have the opportunity to build a Clinic and provide basic medical care to hundreds of locals who are in need. My team will be partnering with Dr Tessa Payne a Missionary Medical Doctor Care to serve this needy community.

PARAGRAPH 2: Let them know what you need to raise and ask for their support:

In order to take part in this amazing opportunity, I am need of raising approximately \$3,183. I would like to ask you to prayerfully consider giving a single gift to help send me to Kenya in the spring of 2022. If you are able to give, simply follow the giving instructions on the attached form. Because this is a special project, you will receive a charitable contribution receipt from Good Hope Inc. for your donation. Even if you are unable to partner with me financially, would you consider partnering with me by agreeing to pray for me, my team, and our endeavors?

PARAGRAPH 3: Thank them for their support:

Thank you for your partnership and support! We believe that God is going to do amazing things as a result of your financial and prayer support. I look forward to sharing with you all that God did through us when we return!

For Him,

Your Name

 Yes, **Your Name**, I would like to help you touch the lives of those in **Country**. Enclosed is my gift of:

____\$25 ____\$50 ____\$75 ____\$100 ____\$200 ____Other

Give by Check – Please make checks payable to Good Hope Inc. with “**Country - Year**” in the memo line of the check. ***Please DO NOT place my name in the memo line.***

Give by Credit Card – (Please complete all information, using your billing address) Mastercard ____ Visa ____
American Express ____ Discover ____

Credit Card Number - - - Expiration Date / /

Name Street Address

City State Zip

Signature

CCV _____

Phone

Give Online - You can also give online by going
to <https://www.aplos.com/aws/give/GoodHopeInc/KenyaMissions> (Log in or create a new
account, select give to “Mission Trips”, enter the amount of your donation, and in “Memo” write “**Your Name –
Country**”) **All checks & completed credit card forms can be mailed to:** Good Hope Inc Attn: Accounting, 47
Grove Street, Lynnfield, MA 01940.

Please note if you have made a faith promise to Calvary Christian Church, this donation does not fulfill that faith promise but would be in
addition to it.

Also, please know that all gifts are non-refundable. If for some unforeseen reason I am unable to be a part of this mission trip your donation will
be credited towards my next mission trip, or if I do not go on a mission trip in the next 3 years the money will be transferred to a general missions
account at Good Hope inc.

Further, should I not participate in this trip for whatever reason, I am able to designate my raised funds either to the team as a whole, or to a
specific team member of my choosing.

The budget for this mission trip is set at approximately **\$3,183**. This amount includes all my travel, lodging, food and ministry expenses, etc. If
for some reason this mission trip is completed under budget the remainder of the monies I raise will be transferred to the clinic project in **Kenya**
or to another approved Good Hope missions project. If you have any questions on this policy, please contact the Staff Accountant at Good Hope
Inc. by calling 781-592-4722.

(Kenya - 2022)

.

Qualifications of A Team Member

Attitude:

- Walk with humility - Remember, God has been at work among these people long before you arrived!
- Live with vulnerability - Don't be afraid of weakness – it's normal.
- Practice flexibility - Expect the unexpected – you're not in control. (God is!)
- Live as a student - Be determined to learn from everyone.
- Work as a servant - Be willing to do whatever needs to be done.

Physical: For this mission trip you must be in basic good health. You should have a current physical, and your doctor should clear you for travel. You should be able to walk 3-4 miles per day, and 1 mile at a time without stopping.

Code of Conduct: When we get closer to the trip you will sign a code of conduct with all the other paperwork you fill out, but just so you know what you are signing up for now please know that by going on this trip you agree to the following:

- You cannot use or purchase any type of tobacco product on this trip.
- You cannot drink or purchase any type of alcohol on this trip.
- You cannot use illegal drugs on this trip (or really anytime obviously) or purchase any type of illegal drug or drug paraphernalia.
- Your language should be “clean” and Christ-like. Swearing, or even swear substitutes (i.e. heck, crap, etc.), will not be permitted.
- Your dress should be modest. We’ll get into this more as we discuss your packing list, but for now just know nothing too tight, too short, or too revealing will be permitted.
- Your attitude should be superb. You should also be honest, flexible, loving, helpful, a team player and an active participant in everything we do.

Packing List

Clothing

- Sunday Church Clothes
- Work Clothes
- Shorts
- Pajamas
- Change of Clothes for Each Day
- Swimsuit
- Shoes/Boots
- Flip-flops for Evenings
- Hat and/or bandana
- Gloves (work or for cold weather)
- Light Rain Jacket
- Watch (something cheap that won’t garner attention)
- Sunglasses

Personal Care

- Toothpaste and Toothbrush
- Shower & Grooming Supplies
- Sunblock & Aloe
- Mosquito Repellant
- Lip balm

- Hair Ties
- Pain/Headache Medicine
- Prescription Medication (In original bottle)
- Towel
- Hand Sanitizer and/or lotion
- Extra Toilet Paper

Supplies/Other

- Daypack or Backpack
- Passport & Copy of Passport (Obviously stored in different places)
- Shot Record
- Bible
- Team Binder
- Journal
- Credit/Debit Card and/or Spending Money
- Granola Bars or Other Snacks (Individually wrapped and sealed)
- Water bottle (or some people prefer a CamelBak)
- Gatorade packets, instant coffee, etc.
- Book Phone, headphones & Charging Cables

- Power Converters
- Pens
- Ear plugs for sleeping
- Flashlight
- Trash bag for dirty clothes
- Extra zip lock bags
- Space in your luggage for souvenirs

What not to bring

- Anything you care about (wear old clothes, shoes you don't mind getting ruined, etc.)
- Jewelry (depending on the trip we recommend that women not even wear their wedding rings)
- Weapons (knives, guns, etc.)
- Electronics (some may want to bring an iPad, computer, etc. Although this is not prohibited, please understand you bring it at your own risk. If is lost, stolen or damaged the trip will not cover to get these replaced)

Pro tip: Always double-bag liquid containers to avoid a giant mess if they burst or leak during travel. Check with your airline's regulations and make sure that you only put liquids in your carry-on luggage that are small enough to comply with the guidelines. All bigger liquid containers can go in your checked bag.

Pro tip: Pack at least one change of clothes and phone charger in your carry on, just in case you luggage is lost.

Mission Documents Submission Deadlines

- Code of Conduct Forms 12/1/2021
 - Forms Link (To be included)
 - Print these forms and fill them. Filled and scanned forms should be submitted through kenyaclinics@goodhopeinc.org
 -
- Liability Insurance forms Submission 12/1/2021
 - Forms Link (To be included)
 - Print these forms and fill them. Filled and scanned forms should be submitted through Kenyaclinics@goodhopeinc.org

- Passports Copies Submission 11/1/2021
 - Copies of current passports two face pages to be submitted
- Completed Immunization, as per your physician advise
- Insurance and Code of Conduct Forms December 15th, 2021
Filled Forms should be scanned and emailed to Kenyaclinics@goodhopeinc.org

Please visit Good Hope Website at www.goodhopeinc.org the Good Hope Clinics Kenya Mission Section on a monthly basis as this information may change without notice (Link to this document included)